

The Hot List

Claire Spreadbury selects life's latest little luxuries you just can't live without...

Rev it up

Ferrari don't just make fast cars, they make great aftershave too. Uomo for men combines a wealth of different notes, which makes for a distinctive and different new scent. The 100ml EDT, £49, is also available as an exclusive limited edition, presented in a leather box complete with the legendary Cavallino Rampante Ferrari badge.



Keep it zipped

Everyone needs a good zippy. This bright little number, £65, from French Connection, ticks all the boxes on the A&W style guide. Call 0207 036 7200 or visit www.frenchconnection.com

If you only do one thing this month...

Stay in a fairytale tower for two

If you're after a romantic escape that's close to home, you won't find anything much quirkier than The Duckett. This beautiful 18th Century stone tower sits on the Northumberland heritage coast, basking in the views of Lindisfarne and Bamburgh Castle, as well as the pretty Farnes Islands.

The fabulous five-star round rooms are set out over five floors, each one becoming smaller as you reach the top, and connected by a hand crafted spiral staircase. There's even a miniature library on the top floor!

Prices start from £450. For more information or to book, visit www.rosscottages.co.uk





Bit of crumpet

Autumnal fashions are always a hit with the ladies and Crumpet's latest range (left) does not disappoint. This scarf, £616, cardi, £243, and crew, £216, will keep you wrapped up 'til spring. www.crumpetengland.com

Ice, ice baby

The summer may be over but if you're in need of a cooling treat, get yourself to Freggo. The Argentine chain of ice cream shops, hugely popular throughout Argentina, Uruguay and Paraguay, has finally made its way to the capital and will also be available in collaboration with Gaucho restaurants. Pick up a divine multi-scoop box for £9 and you'll be wearing a smile for the rest of the day. For more information visit www.freggo.co.uk



On the couch

If your living room is in need of an update, look no further than rume - Brighton's hippest home showroom. The Lo Flo, pictured here, is part of the Jet Baker range and will set you back £1,500 plus fabric costs. Every item in rume is English designed and created, made-to-order and utterly gorgeous. Visit the showroom or order online at www.rume.co.uk

