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# SHE

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**Sarah  
Jessica  
Parker**

on her life, loves and  
what's making her  
happy right now

**UK'S TOP  
MOVERS &  
SHAKERS**  
THE WOMEN  
WHO ARE  
SHAPING  
YOUR LIFE

- \* Turn adversity into an opportunity
- \* Take control of your health
- \* How to handle tricky people  
- even your man!



**INVESTIGATION: WHY MIDDLE CLASS MOTHERS ARE TURNING TO CLASS-A DRUGS**

# Editors' CHOICE

Wool coat with exposed zip (sizes 8-20), £50, Beau at Matalan

Sequin dress (sizes 6-16), £125, Miss Selfridge

Bangle, £5, George at Asda

Silk top with frills (sizes 1-4), £79, Ted Baker

Suede slouch bag with chain strap, £60, Next

Satin peep-toe platforms, £21, Primark

Karen Foster, SHE's Fashion Director, selects her favourite autumn/winter pieces from the high street

## BRIGHT AND BOLD

Team block colour with classic black accessories, then add sparkle with sequins.

Cashmere cardigan with gold stud trim (sizes S-L), £203, Crumpe

Wool coat with military-style buttons (sizes 8-24), £35, George at Asda

Sequin mini-skirt (sizes 6-22), £35, Dorothy Perkins

Circle cuff, £18, French Connection

Satin bra with silk frill trim (sizes 30C-40G), £16, Ceriso at Marks & Spencer

Satin bikini knickers with silk frill trim (sizes 8-22), £6, Ceriso at Marks & Spencer

**KAREN'S TIP» RED AND PINK ARE STRONG COLOURS THAT ALWAYS LIFT MY MOOD. TEAM WITH THIS SEASON'S SEQUINS TO MAKE A BOLD STATEMENT.**